

Loose Leaf Tea Menu

Vata – An Ayurvedic Inspired Blend

This blend of Anise, Cardamom, Chamomile and Ginger is carefully blended to create an enjoyable flavour while also helping to warm and relax the digestive system.

Fruit Paradise

Naturally sweet with a smooth berry flavour, Fruit Paradise is loaded with vitamins. Hibiscus and Rosehips, both with high doses of vitamin C levels, combine with other natural ingredients to create a vitamin and mineral packed infusion that is as healthy as it is enjoyable. This tea is great as an overall boost for the immune system and to replace the vitamins and minerals lost through perspiration. Great served hot or cold.

Herbal Energiser

Herbal Energiser is a great detoxifying elixir that cleanses not only the palate but also various systems in the body. Dominated but not overwhelmed by anise, this infusion has a natural sweetness while also offering cleansing and protecting benefits for your stomach.

Vanilla Green

One of the most expensive spices, vanilla is undeniably one of the world's most popular flavours. Rather than using processed vanilla extract, we opted to use cut and dried vanilla bean in our blend – nothing but the best. The original result was incredibly smooth but lacking pizzazz, so we added a little ginger to spice it up. Although almost undetectable, the ginger makes all the difference.

Green Tea Mango

This is a careful blend of an Assam green tea with dried Mango and Sunflower Petals. A natural sweetness comes from the Mango to create an enjoyable cup.

Cinnamon

A premium black tea has been carefully blended with pure cinnamon pieces to create this smooth tea that boasts a touch of natural sweetness and a clean aftertaste. The sweet, sharp flavour of the cinnamon and the tea prove to create a very enjoyable tea.

Puerh

Known for centuries to have many curative properties, including curing a hangover and lowering cholesterol. An earthy flavour that has characteristics of Puerh's in general and we have chosen this particular one for its smooth, sweet flavour aftertaste.

Agung

This is one of Indonesia's best teas. Agung Black is medium in body, has virtually no astringency and a slightly spicy character. This tea is universal and it mixes well with just about anything while it is still excellent on its own.

Ceylon

From the UVA highlands of Sri Lanka, this Orange Pekoe grade tea is light and mellow with low astringency, an easily enjoyable tea.

Darjeeling

One of the world's most popular and most expensive teas, Darjeeling is lighter than most black teas. This tea has a unique fruity flavour and is favoured for a traditional light afternoon tea.

Earl Grey

Our Earl Grey is a full bodied black tea blend scented with oil of bergamot for a unique citrus flavour. This enjoyable citrus flavour has proven to be the most popular blended black tea in the world.

English Breakfast

A world renowned tea, English Breakfast is a bright, full bodied tea with a strong flavour that goes well with milk and sugar. A British necessity and a great brew, to welcome a new day.

Jasmine

Jasmine was first used to scent tea in the fifth century. Our Jasmine has a clean, well balanced flavour and uses a fine Chinese green tea as a base. Jasmine is known as a relaxant, both reducing high blood pressure and relieving anxiety. It is a good tea to use to wind down after a long day.

Chamomile

With a smooth, apple-like flavour and a natural calming effect, it is little wonder that Chamomile is the most popular herbal tea in the world. Perhaps not so well known is Chamomile's ability to relieve the symptoms of the following: gingivitis, anxiety, diarrhoea, indigestion and heartburn, insomnia, peptic ulcers, skin irritations and is believed to help treat malaria. But perhaps it is best to just relax and enjoy the smooth character of this herbal infusion.

Peppermint

One of nature's best gifts! Peppermint has been proven to alleviate the symptoms of the common cold, flu, fevers, flatulence, nervous disorders, rheumatism and indigestion. This is an impressive list of benefits from one simple leaf that makes a naturally sweet and very enjoyable infusion.

This is not included in your Villa breakfast, how ever if you would like any of the above please ask and an additional cost per pot will be charged